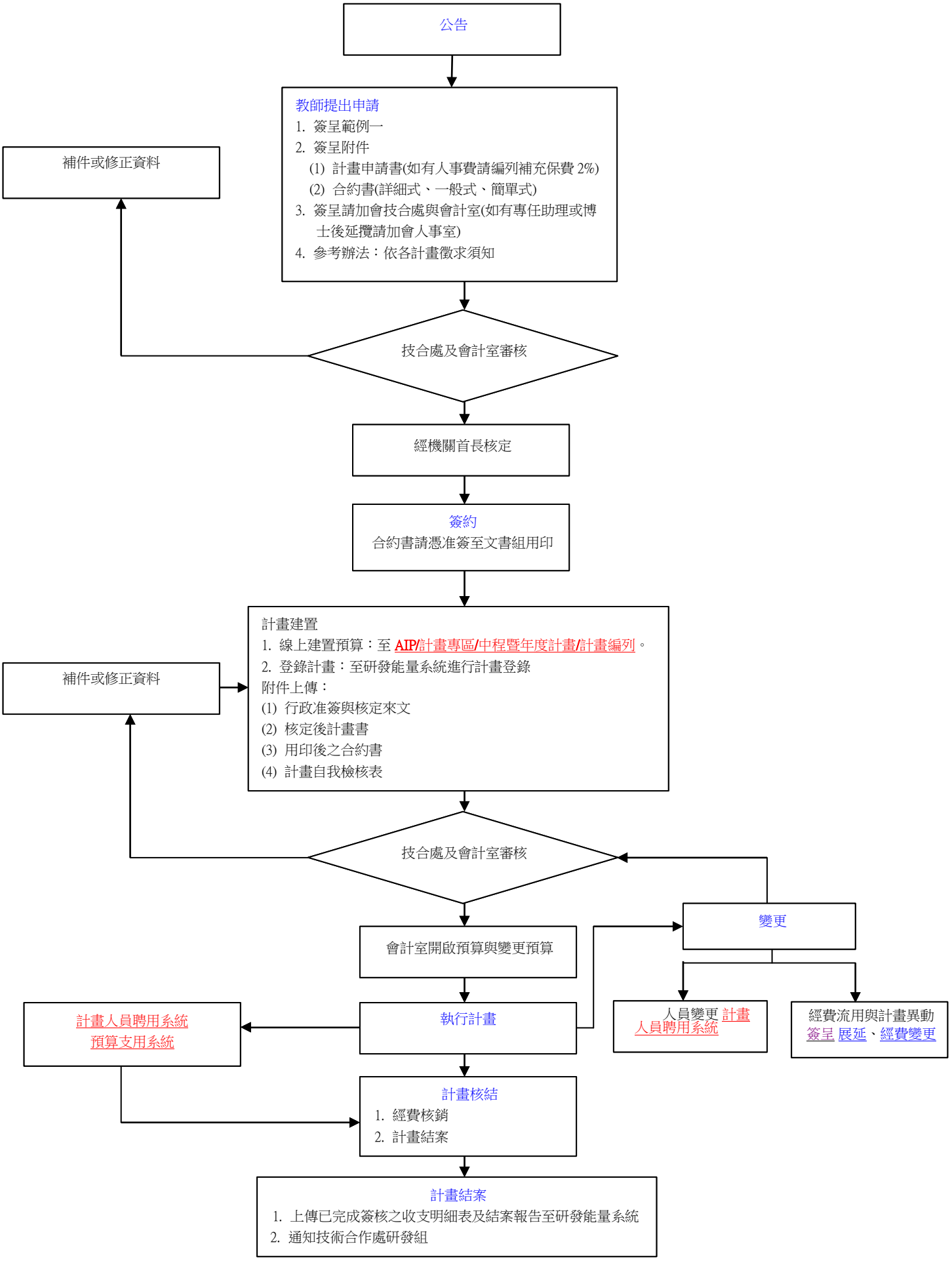專案研究計畫申請與辦理流程